

DA Suicide Timeline risk assessment form combined with the DASH

CAS:	Date of assessment	Date of review	Date of review	
	Click here to enter a date.	Click here to enter a date.	Click here to enter a date.	Additional info: Victim & perpetrator characteristics & some prompts you may need- please see timeline stage guidance below
1. Is this a pattern of behaviour? (Stage 3)				Choose an item.
(D8) Does (the abuser) always text/call/contact, follow, stalk or harass you? (stage 3 - 6 explore)	Choose an item.	Choose an item.	Choose an item.	Frequency/current?
(D10) Are incidents with (the abuser) happening more often?	Choose an item.	Choose an item.	Choose an item.	Escalation / frequency
(D11) Are incidents with (the abuser) getting worse and/or escalating? (Stage 5)	Choose an item.	Choose an item.	Choose an item.	Escalation /frequency

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<p>(D12) Does name/abuser(s) try to control everything you do and/or are they excessively jealous? For example: in terms of relationships; who you see; being 'policed' at home; telling you what to wear. <i>Consider 'honour'-based</i></p>	Choose an item.	Choose an item.	Choose an item.	Do they show jealous or controlling behaviour? E.g. who you see/speak to?
<p>(D20) Are there financial issues? E.g. dependency, debts, joint accounts etc. (Stage 3)</p>	Choose an item.	Choose an item.	Choose an item.	Explore CCBs
<p>(D21) Has (the abuser) had problems in the past year with drugs (prescribed or other), alcohol or mental health? (Stage 3 with potential to</p>	Choose an item.	Choose an item.	Choose an item.	Which one? What drugs/alcohol? How often? Does this change their behaviour? What MH issue?
<p>(D22) Has (the abuser) ever threatened or attempted suicide?</p>	Choose an item.	Choose an item.	Choose an item.	If yes, is this when you argue/try to leave?...
<p>(D24) Has (the abuser) ever been in trouble with police? Do they have a criminal history?</p>	Choose an item.	Choose an item.	Choose an item.	If yes, what for? Are you aware of Claire's law?...

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<p>(D23) Has (the abuser) ever broken bail, an injunction or other formal agreement? (Stage 1 non recent / Stage 5 current)</p>	Choose an item.	Choose an item.	Choose an item.	
<p>2. Is this making you/ someone change their behaviour? (Stage 3 -5 explore)</p>				Choose an item.
<p>(D4) Do you feel isolated from family/friends? ie, does name/ abuser(s) try to stop you from seeing friends/ family/doctor or others? (Stage 3)</p>	Choose an item.	Choose an item.	Choose an item.	Explore CCBs
<p>(D5) Are you feeling depressed? Have you had any suicidal thoughts? (Stage 5)</p>	Choose an item.	Choose an item.	Choose an item.	Are you getting any help for this? Do you have any suicide plan? Do you know who you can speak to?... GP details required
<p>3. Is this making you/ someone afraid? (Stage 3-7 explore)</p>				Choose an item.
<p>(D2) Are you very frightened? (Stage 5)</p>	Choose an item.	Choose an item.	Choose an item.	Do you feel safe?

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<p>(D3) What are you afraid of? Is it further injury or violence? Please give an indication of what you think name /<i>abuser(s)</i> might do and to whom, including children.</p>	Choose an item.	Choose an item.	Choose an item.	What do you think they are capable of?
<p>(D14) Has (the abuser) ever threatened to kill you or anyone else? <i>(Stage 6)</i></p>	Choose an item.	Choose an item.	Choose an item.	What did they say? Roughly when did they say this? <i>Consider if honour killing timeline is relevant /HBA/V a factor?</i>
<p>(D17) Is there anyone else who has threatened you, or who you are afraid of? <i>HBV/A?</i></p>	Choose an item.	Choose an item.	Choose an item.	Who are they? Why are you afraid of them?
<p>4. Has there been any kind of physical abuse or violence? <i>(Stage 3 -5)</i></p>				Choose an item.
<p>(D1) Has the most recent/ current incident resulted in injury?</p>	Choose an item.	Choose an item.	Choose an item.	What injury?
<p>(D13) Has (the abuser) ever used weapons or objects to hurt you or thrown anything at you?</p>	Choose an item.	Choose an item.	Choose an item.	What did they use? Roughly when was this?

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<p>(D15) Has (the abuser) ever attempted to strangle, choke, suffocate or drown you?</p>	Choose an item.	Choose an item.	Choose an item.	Which one? Roughly when was this?
<p>(D16) Does (the abuser) do or say things of a sexual nature that make you feel bad or physically hurt you? Or do/ have they done this to anyone else?</p>	Choose an item.	Choose an item.	Choose an item.	What do they say/do? How does this make you feel? Who was the other person? Roughly when was this?
<p>(D18) Do you know if your abuser/name has hurt anyone else? Previous partners / children? (Stage 1)</p>	Choose an item.	Choose an item.	Choose an item.	Who was it? Roughly when was this?
<p>(D19) Has (the abuser) ever mistreated an animal or pet? (Stage 3 - 5 explore)</p>	Choose an item.	Choose an item.	Choose an item.	What did they do?
<p>5. Is there a separation? (stage 4 - referral to MARAC required)</p>				Choose an item.
<p>(D6) Have you separated or tried to separate from name/ abuser(s) within the past</p>	Choose an item.	Choose an item.	Choose an item.	How long have you been together (if partner)?



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(D9) Are you pregnant or had a baby in the last 18 months? (stage 4)	Choose an item.	Choose an item.	Choose an item.	If yes, how did (the abuser) react to this? How do you feel about this? When are you due?
(D7) Is there conflict over child contact? (Stage 4 + explore)	Choose an item.	Choose an item.	Choose an item.	
Highest timeline stage reached & total DASH score	Stage: Choose an item. DASH: Choose an item.	Stage: Choose an item. DASH: Choose an item.	Stage: Choose an item. DASH: Choose	

Additional Questions and information		
Does the abuser have access to unique weapons? E.g. through their job or	Choose an item.	If so, current trade and what weapons/tools?
GP details required		



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Date of risk assessment (or review date) & professional opinion?	Suicide timeline stage reached & DASH score?	Anything additional from victim or professional concerns; MARAC &/or Safeguarding referrals or follow up actions required &/or submitted?

Below guidance will help you to identify: Abusers & Victims characteristics & behaviours, risk escalation, patterns & stages identified within the suicide timeline. *Text in italics relates to honour suicide.*

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Stage 1. History Perpetrator's behaviour: DA /Sexual offences; Control & coercion, Stalking &/or harassment, routine jealousy, violence to anyone? Mistreating animals/pets, breaching bail/orders, drug/alcohol, mental &/or health issues, criminal history. Victim may have a history of vulnerability/ies; suffered previous DA, CC or sexual assault, away from home (student), previous local authority care.

Stage 2. Early relationship Speed and intensity of relationship how long have they been together, when did abuse start, tried to separate before? Change in behaviour, early commitment demands &/or early pregnancy, Quickly isolating or attempts to isolate victim

Stage 3. Relationship. Dominated by controlling and jealous patterns of behaviour: accusations of affairs, isolation, financial issues &/or dependency, discrediting victim to others including family, professionals/Isolation. Gas lighting victim. Verbal abuse. Drug, alcohol &/or MH issues of abuser &/or victim, Violence used in many cases including; physical abuse & some high/significant risk markers may already be present. Feeling threatened by others? Tracking & monitoring? (*Consider HBV&A*). Victim fearful: subject to violence and/or sexual violence, drugs and/or alcohol.

Stage 4. Disclosure. Separation (imagined, threatened or real) Victim may have threatened to leave or may have left. Control is escalating, Violence may escalate and/or persistent harassment. Conflict over child contact? Victim may play ill. Victim may have presented a challenge to the control. Life change; pregnancy, redundancy, retirement, illness, abuser has carer responsibilities? Financial issues; no control of /access to finances, forced debt, dependency/entrapment. Victim starts to tell others about the abuse. *BME victims may disclose to family and community*

5. Help seeking. Alleged perpetrator may use victims mental health against them, may make threats to family or friends, counter allegations. Others involved with threats, harassment etc. (*again consider HBV/A*). Sexual abuse; unwanted touching, forceful sex/sexual acts, derogatory comments, sexual assault, rape etc. Increased child contact conflict. Victim help-seeking, fearful, and/or may feel guilt. Victim may be accessing or attempting to access mental health services, GP for mental health, A&E, child services, social services, police. Increased alcohol and/or substance misuse of perpetrator or victim may be also be evident.

Stage 6.Suicidal ideation. Alleged perpetrator may encourage suicide, persistent contact, threats; Threats to kill &/or threats of suicide/self-harm. Last chance thinking, "if I can't have you nobody will/can" Increased stalking & monitoring. Victim may: attempt suicide, self-harm, may say they 'can't go on', and may be convinced they will be killed. May have lost custody of children. Fearful, feel powerless. "he/she is never going to leave me alone" Things may become calm/more intense. May sense something has changed.

~~Stage 7. Complete entrapment. STALKING, threats, persistent contact, threats to others, violence. Victim may say 'I'll never~~

Safe Lives DASH risk checklist tool <https://safelives.org.uk/sites/default/files/resources/Dash%20without%20guidance.pdf>

Safe Lives DASH risk indicator questions are also included and numbered in the event you are required to submit a MARAC referral <https://safelives.org.uk/>



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Monckton Smith, J. (2019) The Homicide Timeline: Using Foucauldian Analysis to Track an Eight Stage Relationship Progression to Homicide Violence Against Women <https://journals.sagepub.com/doi/10.1177/1077801219863876> Suicide timeline research study <https://eprints.glos.sc/10579/?s=08>

Timeline research is supported by University of Gloucestershire. [https://www.glos.ac.uk/courses?](https://www.glos.ac.uk/courses?s=homicide+timeline&cpt%5B%5D=course&subject_area%5B%5D=criminology-and-policing)

[s=homicide+timeline&cpt%5B%5D=course&subject_area%5B%5D=criminology-and-policing](https://www.glos.ac.uk/courses?s=homicide+timeline&cpt%5B%5D=course&subject_area%5B%5D=criminology-and-policing)

Link to 8 stages interview with Prof Smith <https://www.counselmagazine.co.uk/articles/order-out-of-chaos-professor-jane-monckton-smith>